

SCHOOL OF NURSING NEWS BULLETIN

OVERVIEW

The School of Nursing Newsletter is a biannual publication released every six months, providing a comprehensive overview of the key activities, achievements, and developments within the School of Nursing. Each issue highlights academic progress, student and faculty accomplishments, major events, and ongoing initiatives that contribute to the growth of our learning community.

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Message from Dean

As Term 2 of 2025 comes to an end, I am glad to reflect on the hard work, dedication, and achievements of the School of Nursing community, including students, academic, administrative, and support staff. This term has been characterized by growth, resilience, and a strong commitment to advancing nursing education and practice across the Maldives.

To all our students, congratulations on completing another significant step in your academic and professional journey. Nursing is a demanding field that requires not only academic excellence but compassion, discipline, and emotional strength.

Many of you have navigated challenging learning experiences in classrooms, nursing art labs, and clinical areas with admirable determination. We are proud of your progress throughout the year.

To our academic, administrative, and support staff, thank you for your unwavering commitment throughout the term. Your expertise, innovation, and dedication to student success continue to shape the high standards of our programs. From improving teaching and learning in our school to strengthening academic support systems, your contributions ensure that our students receive an education rooted in local health needs and global best practices.

As we reach the end of Term 2, I encourage everyone to take time to rest and reflect. Nursing education is rigorous, and your well-being is essential. Please use the annual leave to reconnect, recharge, and prepare for the opportunities ahead in the coming year.

Thank you all for your contributions over the years. It has been a privilege and an honour to serve as Dean of the School of Nursing for the past eight years. As I conclude my two terms of tenureship, I sincerely hope you will continue to extend the same support to the new Dean who will assume the role in January 2026. Together, I am confident that we will continue to strengthen nursing education and practice in the Maldives.



Dr Asiya Ibrahim
Dean, School of Nursing

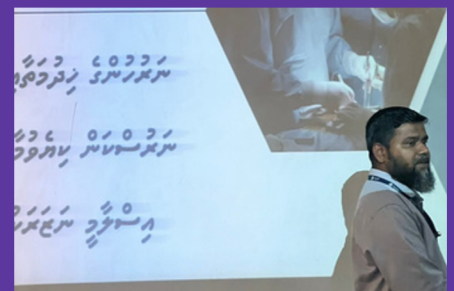
Orientation Activities

An orientation program was conducted for newly enrolled students of Term II, 2025, at the School of Nursing. The program commenced on 13th August 2025 with an introduction to the course coordinator and provided students with a structured introduction to academic life at MNU.



The program included a series of educational and interactive sessions, as well as activities designed to help students relax and engage with their peers. Key sessions included:

- Hypnotic Relaxation for Nurses
- Interpersonal Relationships and Communication
- Financial Literacy
- Nursing from a Religious Perspective
- Startup of the Session
- Introduction to the MNU Library and University Policies
- Engaging with Senior Students



The orientation concluded with a formal ceremony, where students were introduced to the faculty and staff of the School of Nursing. Dean Asiya Ibrahim welcomed the students, offering guidance and encouragement as they embarked on their nursing education journey.

Oath Taking Ceremony

SN held Oath Taking Ceremony for new students beginning clinical training in Term 2, 2025, on 30th September. A total of 110 students took part, including 28 Bachelor of Nursing, 28 Advanced Diploma in Nursing, and 54 Advanced Certificate in Nursing students at Male' campus.



The ceremony marked an important milestone as these aspiring nurses pledged their commitment to ethical practice, professional integrity, and compassionate patient care before starting their clinical placements. The event was honoured by Dr Saudullah Ali, who encouraged the students to uphold their oath and serve with dedication and integrity.



Dean's Award and SN Top Achiever's Award

The Dean's Award and SN Top Achievers' Award ceremony at Male' campus was held on 27th October 2025, recognizing the outstanding academic accomplishments of students from the School of Nursing in T1, 2025.

A total of 46 students received the Dean's Award, while 63 students were honored with the SN Top Achievers' Award. The event was graced by Jabeen Mohamed, who shared her experiences and emphasized the importance of excelling in both theory and practical skills, adding inspiration and prestige to the ceremony.

The ceremony highlighted the School's commitment to academic excellence and celebrated the dedication and hard work of its students.



Faculty Mobility Program – Manipal College of Nursing, India

Nine lecturers from the School of Nursing successfully participated in a five-day Faculty Mobility Program at the Manipal College of Nursing (MCON), Manipal Academy of Higher Education (MAHE), held from 2nd to 8th November 2025. The program, led by a multidisciplinary team, was designed to observe and analyze advanced academic and administrative systems to inform SN's strategic growth and continuous quality improvement initiatives.

Key Highlights

- **Academic Governance and Quality Assurance (QA):** The team explored MCON's robust QA framework, including multi-source feedback, preventive risk assessment, and transparent examination processes. Innovative practices such as e-Pad technology for exam management were observed.
- **Advanced Learning Environments:** Faculty visited the high-fidelity Simulation Centre for critical skills training and toured the Manipal Museum of Anatomy and Pathology (MAP), a vital educational resource.
- **Research and Faculty Development:** Participants learned about MCON's structured support for research, including the Doctoral Research Committee for PhD students and incentives for faculty publications. Encouraging students to secure copyrights for their innovations was another key takeaway.
- **Community and Clinical Engagement:** The delegation observed MCON's PHC adopted village model, offering consistent student field exposure and supporting over 50 public health programs. Clinical administration practices at Kasturba Hospital, including Quality Implementation and Infection Control, provided practical insights into integrating quality care within nursing operations.
- **Global Engagement:** The program highlighted the benefits of international exchange programs, showcasing how global partnerships enrich teaching and learning.



Professional Development Opportunities

SN Lecturers Gain Insights at ITEC Program

Two lecturers from School of Nursing, Aishath Sana Shareef and Agleema Ahmed, received the opportunity to participate in the ITEC Training Program on “Innovative Pedagogies and Blended Learning in the Era of Artificial Intelligence.” The programme was held from 2nd July to 15th July at the National Institute of Technical Teachers Training and Research, Chennai. It aimed to equip educators and academic professionals with the knowledge, skills, and tools needed to implement innovative pedagogical approaches and blended learning strategies, leveraging emerging technologies to enhance personalised learning experiences.



Participation in JICA Knowledge Co-Creation Program



SN Lecturer Saadhath Moosa represented School of Nursing in the “Health Operation and Management (Maternal and Child Health)” training conducted as part of the the JICA Knowledge Co-Creation Program (Young Leaders), held from 18 November to 6 December 2025 in Sendai City, Japan.

This training aimed to enhance technical knowledge, build problem-solving capacity, and support ongoing improvements in maternal and child health care.

First Aid

First Aid Training for Schools in Male'

A 7-hour Basic First Aid training was conducted on 23rd August 2025 for 18 participants from 11 schools in Malé, organized by the Maldivian Nurses Association in collaboration with the Ministry of Education and the Maldives National University, School of Nursing.

Participants included health officers, lead teaching and sports supervisors, and school counsellors.

The training was facilitated by:

1. Salma Hassan
2. Fathimath Haleem
3. Saushan Rasheed
4. Aminath Nahooda



The program aimed to equip school personnel with essential first aid skills, ensuring preparedness for emergencies and promoting safety in school environments.

School of Nursing Partners with HDC for Coastal Cleanup Event

School of Nursing partnered with the Housing Development Corporation (HDC) as first aid partners during the coastal cleanup event held on 3rd October 2025 in Hulhumalé.

SN lecturers and students actively participated in the event, providing first aid support and contributing to the overall success of the community initiative. Their involvement ensured the safety and well-being of all volunteers while promoting community engagement and environmental responsibility.



Research and Professional Engagement

SN Lecturers Present at Theveli Conference

This year, School of Nursing made a strong academic contribution by submitting 14 research papers to the prestigious Theveli International Conference 2025, showcasing the faculty's commitment to advancing nursing research and knowledge.

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Impact of Nursing Education on Job Performance and Career Progression: Qualitative Insights from a Tracer Study - **Dr Asiya Ibrahim**

Self-Directed Learning Readiness among Nursing students at Maldives National University- **Aminath Shafia**

Exploring Nursing Students' Experience and Perception of High-fidelity Simulation in Clinical Decision Making: A qualitative study- **Agleema Ahmed**

Simulation for the Development of Critical Thinking Skills among Nursing Students: A Literature Review- **Aminath Suneeza**

Using Dialogic Feedforward to Enhance Student Learning in Higher Education: An Action Research- **Fathimath Haleem**

Effectiveness of Active Learning Strategies in Enhancing Student Engagement and Learning Outcomes in Large Classroom Settings- **Shuhurath Hassan**

Enhancing Nursing Students' Learning Motivation & Knowledge Retention through Gamified Flipped Classrooms- **Thasneem Ahmed**

Effectiveness of SHARP debriefing tool to enhance clinical skills in Nursing students Practicing in the Nursing Art Lab- **Saushan Rasheed**

Fostering Reflective Writing Skills Through Academic Coaching to enhance Critical thinking in First Year Nursing Students: Action Research- **Farzana Sabiq**

Fostering the Critical writing of an Undergraduate Nursing Student Through Academic Coaching- **Aishath Zeeshan**

Continued: SN Lecturers Present at Theveli Conference

Nursing Students' perception on the effectiveness of Debate to Develop Critical Thinking Skills- **Saushan Rasheed**

A Case Study of Leadership Styles and Management Practices of a Higher Education Institute Leader in the Maldives- **Aishath Sana Shareef**

The Impact of Problem-Based Learning on Improving the Critical Thinking Skills of Undergraduate Nursing Students- **Hawwa Nazeema**

Exploring Second-semester Nursing students' Perceptions of 3D model Use in Anatomy Education- **Shuhurath Hassan**

SN Lecturers Awarded MNU Research Grant

A team of lecturers from the School of Nursing has been awarded the MNU Research Grant (Round 2, 2025) for their project titled “Death and Dying: Teaching an Innovative End-of-Life Nursing Care Course – A Three-Stage Program.”

The project is led by Agleema Ahmed as the Principal Investigator. The research team includes Aishath Zeeshan, Frazana Sabiq, Hawwa Nazeema, and Shuhurath Hasan from School of Nursing, with Dr Fathimath Shifaza from the Australian Catholic University contributing as a Co-Investigator.

The project aims to introduce innovative teaching approaches to end-of-life nursing education and strengthen nurses' competence in delivering compassionate, high-quality EOL care.



Coaching session for MCGH Nurses

School of Nursing, in collaboration with Nursing Education and Research Committee (NERC), IGMH, successfully conducted a session on Coaching for MCGH nurses. The session was led by Senior Lecturer Sizna Mohamed and facilitated by Shuhurath Hassan.



Health Awareness in Action: SN's School-Based Programs

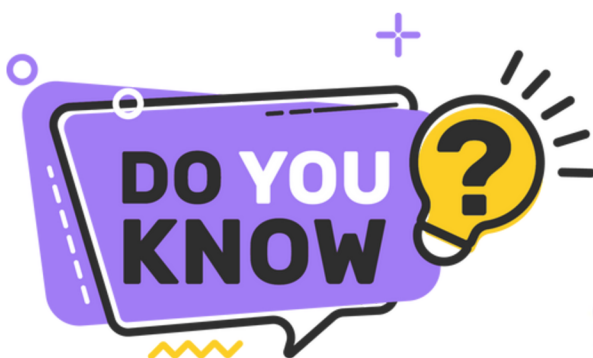
Handwashing session for Pre-schoolers

On 8th September, three lecturers and a group of students from the School of Nursing conducted a handwashing awareness activity at Falah Preschool. The programme, organized at the request of Falah Preschool as part of their health promotion initiative, also supported the students' learning activities on the topic of water. A total of 190 students from LKG and UKG participated in the interactive session, which emphasized the importance of proper hand hygiene through demonstrations and hands-on practice



Health and wellness session for GIS

Health and Wellness session was conducted for students of grade 5-7 of Ghiyasuddin International School on 1st December 2025. The session was part of "MNU Fahi Sihhath- Dhulhaheyo Maadhama Akah". The session explored hygiene, nutrition, exercise and screen time balance for a healthy and a happy life.



Stretching and mobility exercises every 30 minutes can reduce back muscle overload

