

دوره ششم (Week-6) لیست مواد غذایی

مجموعه غذاهای فصل بهار

خبرگزاری

1	Nut Walnuts		gm	700
2	Bell Pepper - Green		kg	2
3	Bell Pepper - Red		kg	2
4	Bell Pepper - Red		nos	18
5	Bell Pepper - Yellow		kg	1.5
6	Broccoli		kg	3
7	Feta cheese In Olive Oil		gm	500
8	Asparagus		kg	1
9	Cucumber - Lebanese		kg	1
10	Fresh Rosemary		gm	300
11	Fresh Sage		gm	200
12	Garlic		kg	2
13	Beans Green		gm	1
14	Beef Prime / Steer Tenderloin	Brazilian	nos	2
15	Lemon		nos	40
16	Lime		kg	3
17	Lime Leaves		bdl	2
18	Blueberry	125 gm	pkt	4
19	Onion Red		kg	1
20	Bread Sandwich		loaf	5
21	Cabbage - Red		kg	2
22	Capers	medium	btl	3
23	Carrot		kg	5
24	Carrot - Baby		kg	1
25	Spinach Baby		kg	1
26	Carrot - Heirloom		pkt	4
27	Cauliflower white		kg	2
28	Tomato		kg	1.5
29	Tomato - Cherry Red		kg	1.5
30	Cayenne Pepper	master food	btl	3
31	Celeriac		kg	1
32	Zucchini Yellow		gm	600
33	Aubergine		kg	1
34	Frozen Corn Kernel	1Kg Packet	pkt	8
35	Cheese Mozzarella Diced		kg	1
36	Cheese Paneer Block		kg	1
37	Cheese Slice Cheddar (12 slices)		pkt	2

38	Cheese Mozzarella Block		kg	2
39	Chicken Thighs		kg	2.5
40	Chilli - Padi		try	3
41	Mango - Honey		kg	4
42	Raspberry		kg	1.5
43	Frozen Fruits Apricot		kg	2
44	Coconut Cream	500 ltr pkt	ltr	2
45	Coconut Desiccated		kg	2
46	Coconut water		ltr	2
47	Coriander Fresh		gm	400
48	Corn Flour	medium	pkt	2
49	Coconut Milk - Aroy D	500 g	pkt	10
50	Cucumber - English		kg	2
51	Cheese Parmesan Block Grana Padano		kg	2.6
52	Cheese Ricotta		kg	1
53	Dark Soya Sauce		btl	1
54	Dried Fish		kg	1
55	Mango green		kg	1
56	dry red chili		gm	200
57	Fine Beans		pkt	4
58	Fresh Rocket Leaves		gm	250
59	Fresh Rocket Wild		kg	200
60	Frozen Mango Puree	Ponthier / Boiron	ltr	2
61	Cous Cous		kg	3
62	Ginger		kg	1
63	Green Chillie (Tholli mirus)		gm	200
64	Leeks		kg	2
65	Lemongrass		gm	300
66	Lettuce Butter		kg	1
67	Lettuce Iceberg		kg	2
68	Lettuce Romaine		kg	2
69	Mackeral Fillet		kg	1
70	Mint Leaves		kg	300
71	Mushroom Shitake		pkt	450
72	Non-alcoholic red wine		btl	2
73	Nut Peanut roasted		kg	400
74	Onion		kg	1
75	Onion Spring		kg	400
76	Orange Juice	Happy day	ltr	6
77	Palm Sugar	500gm	tub	2

78	Papaya - Green	large	nos	2
79	Parsley		kg	200
80	Pomegranate	ripe	nos	4
81	Passionfruit	fresh	nos	60
82	Potato Russet		kg	6
83	Raisin Golden		kg	500
84	Red Currant		kg	200
85	Rice	jasmine	kg	3
86	Rice - Basmathi		kg	2
87	Pine nuts		gm	300
88	Kosher Salt		btl	2
89	Sesame Seed White		kg	200
90	Shallots		kg	300
91	Thai Sticky Rice		kg	3
92	Sugar can		kg	2
93	Thai Basil	fresh	gm	200
94	Thai Green Curry Paste	500gm	tub	2
95	Tomato paste	medium Almudhish	can	2
96	tomato cherry red		kg	1
97	Tomato juice		ltr	2
98	Turmeric fresh		gm	200
99	Whipping cream Elle & Vire		ltr	4
100	fish stock powder		gm	250
101	Pears green		nos	20
102	Baby Fennel	200gm tray	gm	600
103	Cauliflower purple		kg	2
104	Cauliflower orange		kg	2

