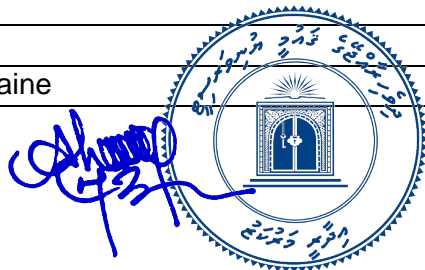


دفعہ ۷ (Week-7) کے لیے کھانے کی چیزوں کی فہرست
 کھانے کی چیزوں کی فہرست

صفحہ 1

	WK 7 food Item	Description	Unit	Qty
1	Apple Green		Nos	15
2	Asparagus		kg	1
3	Aubergine		gm	2
4	Basil Leaves		kg	400
5	Beans Long Green		kg	2
6	Bell Pepper - Green		kg	3
7	Bell Pepper - Red		kg	3.5
8	Bell Pepper - Yellow		kg	1.5
9	Blueberry		pkt	5
10	Bread - White		nos	2
11	Broccoli		kg	2
12	Brussel Sprout		gm	400
13	Cabbage Round		kg	2
14	Carrot		kg	8
15	Celery		kg	5
16	Cheese Feta in oil		gm	500
17	Cheese Gruyere		kg	2
18	Cheese Mascarpone		kg	2
19	Cheese Parmesan Block Grana Padano		kg	2
20	Chilli - Padi		gm	50
21	Chives		gm	200
22	Coriander Fresh		gm	400
23	Cucumber - English		kg	2
24	Dark sweet Cherry	if not 500g can	kg	1.5
25	french beans	250g tray	try	4
26	French Bread		nos	4
27	Fresh Basil		gm	400
28	Fresh Dill		gm	200
29	Fresh Italian Parsley		gm	800
30	Fresh Oregano		gm	500
31	Fresh Rosemary		gm	300
32	Fresh Tarragon		gm	300
33	Fresh Thyme		gm	300
34	Garlic		kg	5
35	Ginger		Kg	2
36	Leeks		kg	4
37	Lemon		nos	40
38	Lettuce Romaine		kg	3



39	Mushroom Button Fresh		kg	4
40	Onion		kg	8
41	Onion Red		kg	8
42	Onion Spring		kg	1
43	Onion White		kg	5
44	Oranges		nos	15
45	Parsley		kg	2
46	Parsnip		kg	2
47	Potato Russet		kg	7
48	Pumpkin		kg	4
49	Pumpkin Butternut		kg	3
50	Red Apple		Nos	15
51	Shallots		kg	2
52	Strawberry		kg	2
53	Tomato		kg	3
54	Tomato Beef		kg	2
55	Turnip		kg	2
56	White bread		nos	4
57	Zucchini Green		kg	1.5

